**TIME COMMITMENT**

Going to school full time means you need to schedule yourself to make sure you are organized enough to do everything that needs to get done. Use the information below to fill in the 2nd page for your schedule.

1. **GETTING TO TRAINING**
2. What time does your training start? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. What time will you need to leave your house to get to school in time? \_\_\_\_\_\_\_\_\_\_\_
4. How long will it take you to get ready in the morning? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. What time do you need to get up to be able to leave in time \_\_\_\_\_\_\_\_\_\_\_\_
6. If you are driving?
7. How long does it take to get to school from home or daycare: \_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. If you are taking the bus:
9. What bus(es) will you need to take? \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_
10. **SCHOOL TO WORK**
11. What time do your classes end? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
12. If you are working while going to school:
13. Will you have enough time to get to your job? Y N
14. If no, are you going to ask your supervisor to adjust your work schedule? Y N
15. **MEETING SCHOOL AND PERSONAL OBLIGATIONS**
16. If you have children:
17. What hours will you spend with them – fixing dinner, helping with homework, making sure they take a bath, etc. from \_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_\_\_\_ or N/A
18. After all of that, what hours will you spend in studying or doing homework?

From: \_\_\_\_\_\_\_\_\_ To: \_\_\_\_\_\_\_\_\_\_\_

1. **SCHEDULING SLEEP TIME**
2. What hours will you be able to sleep to get in everything that needs to be done in the evening and to be able to get up in the morning to get to school in time

From \_\_\_\_\_\_\_\_\_\_\_(look at hours of studying above) To \_\_\_\_\_\_\_\_\_\_\_ (look at 2d or 3d above)

**POTENTIAL TRAINING/WORK SCHEDULE**

|  |  |  |  |
| --- | --- | --- | --- |
| **12 midnight** | **6:00 a.m.** | **12 noon** | **6:00 p.m.** |
| **12:30 a.m.** | **6:30 a.m.** | **12:30 p.m.** | **6:30 p.m.** |
| **1:00 a.m.** | **7:00 a.m.** | **1:00 p.m.** | **7:00 p.m.** |
| **1:30 a.m.** | **7:30 a.m.** | **1:30 p.m.** | **7:30 p.m.** |
| **2:00 a.m.** | **8:00 a.m.** | **2:00 p.m.** | **8:00 p.m.** |
| **2:30 a.m..** | **8:30 a.m.** | **2:30 p.m.** | **8:30 p.m.** |
| **3:00 a.m.** | **9:00 a.m.** | **3:00 p.m.** | **9:00 p.m.** |
| **3:30 a.m.** | **9:30 a.m.** | **3:30 p.m.** | **9:30 p.m.** |
| **4:00 a.m.** | **10:00 a.m.** | **4:00 p.m.** | **10:00 p.m.** |
| **4:30 a.m.** | **10:30 a.m.** | **4:30 p.m.** | **10:30 p.m.** |
| **5:00 a.m.** | **11:00 a.m.** | **5:00 p.m.** | **11:00 p.m.** |
| **5:30 a.m.** | **11:30 a.m.** | **5:30 p.m.** | **11:30 p.m.** |